Welcome First-Year Honors Students!

This newsletter is created specifically for YOU, a first-year honors student, to help you navigate your first semester at UNI in the University Honors Program! Your honors peer leader will be sending you a new issue of this newsletter biweekly throughout the semester. Check out each new issue to learn more about the University Honors Program, discover new opportunities and resources at UNI, and read about your peer leaders!
You should have received an email earlier this week from our Honors & Scholars Program Coordinator, Kylie Knecht about first-year mandatory meetings. These meetings are designed to help YOU better understand the University Honors Program’s policies and expectations, and learn about all the great opportunities you will have through the University Honors Program. You will also get a chance to hear from peer leaders and ask questions about their experiences with the University Honors Program!

Make sure to sign up through the link provided in Kylie’s email!
YOUR Honors Support System

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Your Peer Leader!
Learn more about the 2021 Honors Peer Leaders
Your Mental Health Matters!

College is a HUGE, life-changing experience! It is normal to have feelings of excitement, anticipation, stress, and homesickness.

As your honors peer leader, I want to make sure you are adjusting well to college life. If you find yourself feeling overwhelmed by the changes that come with starting college or any other life-stressors, WE ARE HERE FOR YOU! Please reach out to let me know if things are not going well. I can help you get connected to other campus resources that provide support through these challenges.

One of these resources is the UNI Counseling Center. You can head to their website to learn more or talk to a counselor. Not sure if you need a counselor but want to talk to someone? Check out their new program, "Let's Talk" by following the link below or scanning the QR code.

https://counseling.uni.edu/letstalk